

The "I'm Hungry!" Worksheet

What's for Dinner?

M^{ONDAy}

T^{UESDAy}

W^{EDNESDAy}

T^{HURSDAy}

F^{RIDAy}

S^{aTURDAy}

S^{UNDAy}

What's for Breakfast?

What's for Lunch?

What's for Snacks?

What's for Dessert?

What can we bring to share?

The "Go Get It!" List

Breads/Grains:

Produce:

Sweets:

Dairy:

Meat:

Snacks:

Deli:

Baking/Spices:

Kids:

Cans/Jars/Boxes:

Condiments:

Cleaning/Toiletries:

Frozen:

Beverages:

Paper Goods:

Other:
